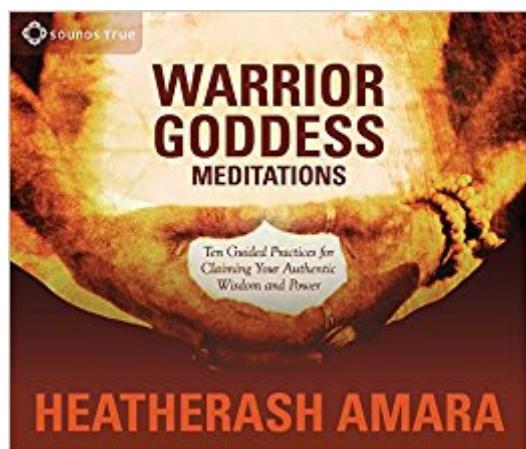


The book was found

# Warrior Goddess Meditations: Ten Guided Practices For Claiming Your Authentic Wisdom And Power



## Synopsis

What is a warrior goddess? It's a woman who dares to face her fears and doubts, reclaim her purpose, and bring it on with all her vibrancy, power, compassion, and fierce love. This collection of guided practices takes you step by step through the transformative and empowering tools taught in HeatherAsh Amara's book *Warrior Goddess Training*. Perfect on its own or as a reading companion, *Warrior Goddess Meditations* engages us directly in the 10 key steps to a woman's true vision and power: Committing to Yourself & Aligning with Life & Purifying Your Vessel & Grounding Your Being and Freeing Your Past & Energizing Your Sexuality and Creativity & Claiming Your Strength and Will & Opening Your Heart & Speaking Your Truth & Embodying Your Wisdom & Choosing Your Path. Whether you're new to the Warrior Goddess principles or already familiar, this audio program will give you an abundance of ways to identify the beliefs that constrain you and reclaim your energies of love, compassion, vulnerability, and authenticity. Â

## Book Information

Audio CD

Publisher: Sounds True; Unabridged edition (April 1, 2016)

Language: English

ISBN-10: 162203595X

ISBN-13: 978-1622035953

Product Dimensions: 5.6 x 0.6 x 5 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 5 customer reviews

Best Sellers Rank: #65,583 in Books (See Top 100 in Books) #15 in Books > Books on CD > Health, Mind & Body > Relaxation & Meditation #18 in Books > Books on CD > Health, Mind & Body > Meditation #26 in Books > Religion & Spirituality > New Age & Spirituality > Goddesses

## Customer Reviews

HeatherAsh AmaraHeatherAsh Amara is the author of The Warrior Goddess Way, A Warrior Goddess Training, and A The Toltec Path of Transformation (Hierophant Publishing). With Sounds True, she has recorded A The Warrior Goddess Training Program and A Warrior Goddess Meditations. A She is dedicated to inspiring depth, creativity, and joy by sharing the most potent tools from a variety of world traditions. A For more, visit A [heatherashamara.com](http://heatherashamara.com).

I thought the meditations were okay, but I really wasn't inspired by them. I think this is a personal choice and what I consider to be just okay could be seen as life changing and life affirming by others.

HeatherAsh Amara has created a wonderful meditation cd. She leads you through guided meditations to bring out the best in you. Her voice is very soothing and reassuring. I love this cd.

My wife loves the cd!

Great seller...awesome meditations.

I love this CD. It's excellent for working with the book "The Warrior Goddess Training Program". Both truly go hand in hand.

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Warrior Goddess Meditations: Ten Guided Practices for Claiming Your Authentic Wisdom and Power The Warrior Goddess Way: Claiming the Woman You Are Destined to Be Goddess Wisdom: Connect to the Power of the Sacred Feminine through Ancient Teachings and Practices (Hay House Basics) Guided Meditation: 30 Minute Guided Meditation for Sleep, Relaxation, & Stress Relief ((Self Hypnosis, Affirmations, Guided Imagery & Relaxation Techniques) Healing Touch Meditations: Guided Practices to Awaken Healing Energy For Yourself and Others Chakra Breathing Meditations: Three Guided Practices to Unify Body, Breath, & Mind Shakti Meditations: Guided Practices to Invoke the Goddesses of Yoga Increasing Wholeness: Jewish Wisdom and Guided Meditations to Strengthen and Calm Body, Heart, Mind and Spirit The Circle of Fire: Inspiration and Guided Meditations for Living in Love and Happiness (Prayers: A Communion with Our Creator) (Toltec Wisdom) The Wisdom of the Breath: Three Guided Meditations for Calming the Mind and Cultivating Insight Disturbed - Ten Thousand Fists - Authentic Guitar/Bass Tab Edition (Authentic Guitar-Tab Editions) Excuse Me Goddess Can We Talk?: New Messages of Love from the Goddess - How to Create Personal and Global Abundance and have Fun with the Process Guided Meditation: Six Essential Practices to Cultivate Love, Awareness, and Wisdom 365 Goddess: A Daily Guide to the Magic and Inspiration of the Goddess Goddess of the Rose (Goddess Summoning Book 4) The Goddess Test (A Goddess Test Novel) Goddess Interrupted: A Goddess Test Novel, Book 2 The Goddess Inheritance: A Goddess Test Novel, Book 3 The Goddess Legacy: Goddess Test, Book 2.5 Goddess Interrupted (A Goddess Test Novel)

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